

DEDICATED TO PROMOTING RIDING IN THE CUYAHOGA
VALLEY NATIONAL PARK

MEDINA COUNTY OHC



February 2007

Meetings:

The 1st Wednesday of the
month at 7:00 p.m. at
Hines Hill Conference
(Hines Hill Rd.)
Cuyahoga Valley
National Park

President

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(440) 234-9668

Jweese2402@aol.com

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www.medinacountyohc.com

NEWSLETTER

Copy Deadline 5th of Month

Stacy Sadar, PO Box 247
Richfield, OH 44286
330-659-7155 ext.201

stacy@medinacountyohc.com

If you have received donations,
you need to get the Business
Card to Stacy Sadar
for inclusion in the newsletter.

Advertising Deadline 1st of the Month

**MOHC members get business
card size ad for FREE!**

For all other Prices contact:
Stacy Sadar
OR

Linda Weese

Ad Prices are listed on the
Website too!

PRESIDENT'S MESSAGE ~ AKA Jack's Stall 2-07

Are any of you getting as bad a case of cabin fever as I am? I like winter but I am not terribly fond of the near zero temperatures. Next thing that we know it will be August and we will be complaining about the heat and humidity. Such is life.

The trail committee is hard at work planning trail projects for the coming year. We certainly have a whole bunch of places that need attention.

As the weather warms and we start riding the trails please let's not be our own worst enemy. The trails are to be used but not abused. If we can avoid riding on trails that are really sloppy during the springtime it will make the trail maintenance that much easier. Riding Run and Perkins are two trails that we should avoid in the early spring. The trails at Hinckley are much better suited to early spring riding.

The same thing applies to the closed trails. It is very discouraging to repair a section of trail and then have it torn up with hoof prints before the repaired section has had time to settle and harden. If

everyone is considerate and respects the trails we will have less maintenance and much nicer trails and hopefully more open trails for everyone to ride and enjoy.

I will be publishing a Work Party/Weekend Camping Schedule very shortly. We are very fortunate to have Robinson Field as our staging area for work parties, but in particular for those weekends that we do both camping and trail work. If you camp in Robinson on those dual Work Party/Camping Weekends, then please be sure to plan on being part of the trail work party on those Saturday mornings. That's the tradeoff we make for this rare opportunity of Horse Camping more frequently in the CVNP rather than just the minimum couple of times a year when we have Medina-OHC special events. We will also be having some Sunday morning work parties.

We have so much to do to get the closed trails open and to also maintain the open trails. I am looking forward to the Work/Camp Weekends and the work that we will accomplish and

good times and fun that we will have doing so. If camping is not your thing, we still want you coming out for the Work Parties.

The State OHC has been working in our behalf. The new liability insurance program is a really great deal. The program is for \$1,000,000 of liability insurance covering you no matter where your horse causes some damage. The cost per year is \$19.00 for a Single and \$38.00 for a Family. We will have much more information in the coming weeks. Mike Gerard the State Vice President and a member of the NE Region's Wayne County Chapter of OHC will speak at our meeting with Summit County in March. He will be able to answer many of your questions. Please feel free to give me a call if you have questions. It is a good program!

Speaking of the March Meeting, it is in a special location at the Peninsula Library just south of 303 on Riverview Rd. (left side of the street). Deb Aldridge and Patricia Vance have something special planned that is sure to be a lot of fun and something that they tell

me YOU won't want to miss. This is a joint meeting with Medina and Summit OHC Chapters. Summit is providing the refreshments this time. Be there at 7:30 and let the fun begin! I know that I'm a little curious about it, how about you?

By the time this newsletter is published our annual banquet will have been enjoyed by many of our members and friends. Many THANKS to Stacy Sadar for stepping up and taking charge of the banquet. I know that she spent many hours taking care of the

many details that go into making a successful dinner. Thank you, Stacy.

Quote of the month. "When I hear somebody talk about a horse or a cow being stupid, I figure it's a sure sign that the animal has outfoxed them."

Tom Durance

May your horse be with you as you traverse the trails of life. Jack

FOR SALE:
Reg. 7 yr old
Haflinger, 13.3hh
Good for adv. beginner or better rider, heavy enough for an adult. Excellent event, fox hunt, pony club, trail, hunter/jumper horse. Loads, ties, excellent for farrier. Asking \$3,900.
Call (330) 461-2318
email shandressage@gmail.com
Feb-Mar-Apr

~ ~ ~ **MEMBERSHIP NOTICE** ~ ~ ~ **HOT!!!!!!**

If you have NOT renewed your membership, you MUST use the new membership form located in this newsletter. You will notice there are two types of membership... OHC Basic and OHC PLUS. The OHC PLUS includes excess liability insurance through State OHC. You must fill out the entire membership form or it will be sent back to you!

If you have already renewed your membership and you would like to get the insurance too, you will find the Excess Liability Insurance Application located in your newsletter.

If you have any old membership forms that you are handing out, please THROW THEM OUT! The State OHC will not accept any membership forms except the one located in this and further issues of the newsletter.

Medina OHC benefits every time you shop at:

Big Dee's Tack & Vet Supply

You can now earn 5% of your online or in-store purchases in Bonus Bucks for our club whenever you shop at Big Dee's. Go online at www.bigdweb.com or sales@bigdweb.com or visit the store at 9998 State Route 43 in Streetsboro. Be sure to tell the salesperson that you want **Bonus Bucks for Medina OHC**. If your name is not already in the computer, they will add it as you check out. Be sure to ask for Medina OHC Bonus Bucks whenever you shop at Big Dee's.

~~Country Supply~~

Shop at the Country Supply Online Just enter our Medina OHC Country Care Code when you complete the order and they will donate 5% of your purchases to our club. Our code is medinaohc





~TROT ON DOWN AND VISIT~

THE OHC BOOTH

Equine Affaire, April 12-15, 2007

Ohio Expo Center, Columbus, OH

Voinovich Center

Find our NEW LOCATION in the NW Corner



Stop by for a visit and see your chapter banner and book!

Or sign up to be a Booth Greeter!

OHC members are asked to volunteer for Two Hour Shifts.

You may volunteer for as many shifts as you like.

For more information and how to sign up to volunteer visit the state website www.ohiohorsemanscouncil.com or call Linda Weese at 440-234-9668 or email Lsweese@aol.com.

Visit our Parma, Medina, and Akron restaurants

Eat'n Park
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~ The Artist Drapes ~

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FALLS FEED AND TACK, INC.

4418 STATE RD. PENINSULA, OHIO 44264 **FAX 330-920-8117**
PH. 330-923-FEED

A Few Words from Your Horse...

I am your horse. So:

- When you are tense, let me teach you to relax.**
- When you are short tempered, let me teach you to be patient.**
- When you are short sighted, let me teach you to see.**
- When you are quick to react, let me teach you to be thoughtful.**
- When you are angry, let me teach you to be serene.**
- When you feel superior, let me teach you to be respectful.**
- When you are self-absorbed, let me teach you to think of greater things.**
- When you are arrogant, let me teach you humility.**
- When you are lonely, let me be your companion.**
- When you are tired, let me carry the load.**
- When you need to learn, let me teach you.**


After all, I am your horse.

And now, the REAL story.....

- When you are tense, let me teach you that there are dragons in the forest, and we need to leave NOW.**
- When you are short tempered, let me teach you how to slog around the pasture for an hour before you can catch me.**
- When you are short sighted, let me teach you to figure out where, exactly, in the 40 acres I am hiding.**
- When you are quick to react let me teach you that herbivores kick MUCH faster than omnivores.**
- When you are angry, let me teach you how well I can stand on my hind feet, because I don't FEEL like cantering on my right lead today, that 's why.**
- When you are worried, let me entertain you with my mystery lameness, GI complaint, and skin disease.**
- When you feel superior, let me teach you that, mostly, you are the maid service**
- When you are self-absorbed let me teach you to PAY ATTENTION. I TOLD you about those dragons in the forest.**
- When you are arrogant, let me teach you what 1200 pounds of a YAHOO-let's-Go horse can do when suitably inspired.**
- When you are lonely, let me be your companion. Let's do lunch. Also, breakfast and dinner.**
- When you are tired, don't forget the 600 lbs of grain that needs to be unloaded.**
- When you are feeling financially secure, let me teach you the meaning of "Veterinary Services, additional."**
- When you need to learn, hang around, baby. I'll learn ya!**

Only horse people...

- Believe in the 11th Commandment: Inside leg to outside rein.
- Know that all topical medications come in either indelible blue or neon yellow.
- Think nothing of eating a sandwich after mucking out stables.
- Know why a thermometer has a yard of yarn attached to one end of it.
- Are banned from Laundromats.
- Fail to associate whips, chains and leather with sexual deviancy.
- Can magically lower their voices five octaves to bellow at a pawing horse.
- Have a language all their own ("If he pops his shoulder, I have to close that hand and keep pushing with my seat in case he sucks back".)
- Will end relationships over their hobby.
- Cluck to their cars to help them up hills.
- Insure their horses for more than their cars.
- Will give you 20 names and reasons for that bump on your horse.
- Know more about their horse's nutrition than their own.
- Have neatsfoot oil stains on the carpet right next to the TV.
- Have a vocabulary that can make a sailor blush.
- Have less wardrobe than their horse.
- Engage in a hobby that is more work than their day job.
- Know that mucking stalls is better then Zoloft any day.




Hidden Hollow
Paso Fino
Ranch Pottery

**George Windate
&
Sally Windate**

5373 King Road SW
Stone Creek, Ohio
43840-9458

330.897.0907
330.897.2023 fax
sgwindate@tusco.net



KACHINA FARMS

Boarding & Lessons

Brigitte H. Colloca

2959 Serfass Rd.
Clinton, OH 44216

330-882-4552

Study: How horses and people connect

from...<http://www.horsetalk.co.nz/news/2007/01/044.shtml>

A horse's heart rhythms reflect their emotional state and can respond to the emotional state of a nearby human, according to a pilot study conducted by Alliant International University Professor Ellen Gehrke and the Institute of HeartMath.

When in contact, a horse's heart rate may mirror a human's emotions, signifying a close unspoken form of communication between man and beast. The horse as emotion detector may be the key to eliminating invasive procedures such as those that measure cortisol, a stress hormone.

Horses have long been known to be sensitive to their environments. The preliminary research project "Horses and Humans Energetics: The study of Heart Rate Variability (HRV) between horses and Humans" is the first step to proving horses to be as equally sensitive to the humans within that environment.

For years humans have reported emotional bonds with animals. Horses are often used therapeutically with emotionally and mentally ill and handicapped children and adults. This pilot study is the beginning of many studies to provide the research and data to support these reported bonds.

The study took place at Dr. Gehrke's San Diego ranch

where ECG recorders were placed on her and four of her horses. The subjects were monitored during a 24-hour period in which the horses experienced normal conditions and activities such as eating, grooming, being alone, and being ridden and accompanied by Dr. Gehrke.

The ECG recorders projected increased coherent heart rate variability (HRV) patterns for the horses during times of close, calm contact between them and Dr. Gehrke. Coherent HRV patterns are the result of positive emotions and facilitate brain function.

"Horses receive information from body language and give feedback. They don't think

very much, they feel. They are very emotional and honest," said Dr. Gehrke. "They also have a powerful impact on your sense of self and ability to lead."

As a professor at the Business Management Division of Alliant's Marshall Goldsmith School of Management, Dr. Gehrke often brings students to her horse ranch for human development, leadership and team-building.

Dr. Gehrke continues to collect more data and plans to eventually conduct similar studies with canines to better match humans with service dogs.

WANTED:

Horse for Mounted Police duty for an Akron Police Woman

- Has to be decent size...15.2 or bigger
- Needs good Brain, but does not have to be Trained already.
- Mare or Gelding.
- Color doesn't matter
- Partial to Tenn. Walkers but open for any Breed.

EMAIL: wesweimwalk@yahoo.com

Horse for Sale:

Gorgeous Friesian/Arabian Sporthorse!

Valhalla's Rising Star is a leggy chestnut filly with a nice dish and lots of bone.

Sire: Valhalla Rising (Friesian Sporthorse, 7/8 Friesian and 1/8 Saddlebred)

Dam: Rabask Hug (Polish Arabian Performance Mare)

Contact: Joyce Tretow (216.956.2058)

More available at...

www.agarabianhorses.com

Ohio Horseman's Council, Inc.
Membership Application For Year 20__
(Membership is from January 1 to December 31)

() New () Renewal

Member Since _____

Please print clearly or type

Name: _____ Age: _____ Phone: _____

Spouse: _____ Age: _____ Cell Phone: _____

Address: _____

City: _____ State: _____ Zip: _____ E-Mail: _____ @ _____

Primary Chapter _____

At-Large: At-Large members Mail To:
 Anne Lindimore, State Treasurer
 3680 E. St. Rt. 60 N.E
 McConnelsville, OH 43756

The Corral and State Quarterly are included in your membership fee.

I do not want to receive the Corral. I do not want to receive the State Quarterly.

Note: Some OHC chapters charge an additional fee to cover costs of chapter newsletters, etc. You may be notified of same by that chapter

OHC Basic Membership (Without Equine Excess Liability Insurance)				OHC Plus Membership (With Equine Excess Liability Insurance)				
Type	Membership Fee	Chapter Charge	Total	Type	Membership Fee	Chapter Charge	Insurance	Total
Single	\$15.00	\$3.00	\$18.00	Single	\$15.00	\$3.00	\$19.00	\$37.00
Family	\$22.50	\$5.50	\$28.00	Family	\$22.50	\$5.50	\$38.00	\$66.00
Sen. Cit.*	\$ 8.75/ea.	\$2.25	\$11.00	Senior Cit.*	\$ 8.75/ea.	\$2.25	\$19.00/ea	\$30.00
Student**	\$12.00	\$4.00	\$16.00					
* Age 62+ as of January 1				*Age 62+ as of January 1				
**Under Age 18 as of January 1								
Associate Membership								
No. of Members	Membership Fee	Association President/Chairperson:						
	\$25.00	Address (If different from above):						

If family membership, list names and ages of children under 18 (this is needed for insurance purposes).

1. _____ 2. _____ 3. _____ 4. _____ 5. _____

SIGNATURE (required): _____ Date: _____

(Parent/Legal Guardian must sign for student under age 18)

(MEDINA COUNTY OHC INFO)

Member's Cell Phone No: _____

Secondary Membership **Fee \$10.00** Secondary Member's Primary County: _____
(You may not become a secondary member unless you have membership in a primary county)

Rewards program: May we include your name in the rewards program that benefits our Medina OHC? Yes No

Newsletter: Mail it with a Stamp I'll pick it up from the website

Make checks Payable to: Medina County OHC

Mail To: Rosemary Young
 9480 Tracy Trail
 Parma, Ohio 44130

Membership Card Issued By: _____ Date: _____

Circle Membership	
OHC Basic	OHC Plus
Single	Single
Family	Family
Senior Citizen	Senior Citizen
Student	
Secondary	

YOU MUST COMPLETE ALL INFORMATION AND SIGN FORM.
IF YOU DO NOT COMPLETE THE FORM, IT WILL BE SENT BACK TO YOU. Total Enclosed: \$ _____

Mar 4 ~ Sun	OHC State Meeting	Delaware, OH	Jack Weese	JWeese2402@aol.com (440) 234-9668
Mar 7 ~ Wed	MOHC joint Meeting with Summit OHC 7:30pm	Peninsula Library	Jack Weese	JWeese2402@aol.com (440) 234-9668
Mar 24 ~ Sat	Trail Work Party	TBA	Mike Andrea (330) 592-5953 Mlandrea03@yahoo.com	Patricia Vance 330-836-9358 PAVanceLaw@aol.com
April 1 ~ Sat	Spring Ahead Ride at Hinckley at 606 10:30am Ride ~ Tailgate Lunch after	Hinckley at 606 Trailhead	Jack Weese	JWeese2402@aol.com (440) 234-9668
April 4 ~ Wed	MOHC General Meeting	Hines Hill in CVNP	Jack Weese	JWeese2402@aol.com (440) 234-9668
April 14 ~ Sat	Trail Work Party	TBA	Mike Andrea (330) 592-5953 Mlandrea03@yahoo.com	Patricia Vance 330-836-9358 PAVanceLaw@aol.com
May 2 ~ Wed	MOHC General Meeting	Hines Hill in CVNP	Jack Weese	JWeese2402@aol.com (440) 234-9668
May 12 ~ Sat	Trail Work Party	TBA	Mike Andrea (330) 592-5953 Mlandrea03@yahoo.com	Patricia Vance 330-836-9358 PAVanceLaw@aol.com
June 6 ~ Wed	MOHC General Meeting	Hines Hill in CVNP	Jack Weese	JWeese2402@aol.com (440) 234-9668
June 9 ~ Sat	Trail Work Party	TBA	Mike Andrea (330) 592-5953 Mlandrea03@yahoo.com	Patricia Vance 330-836-9358 PAVanceLaw@aol.com
July 6-8	Celebration Ride	Howe Meadow	Patricia Vance	330-836-9358
July 14 ~ Sat	Trail Work Party	TBA	Mike Andrea (330) 592-5953 Mlandrea03@yahoo.com	Patricia Vance 330-836-9358 PAVanceLaw@aol.com
Aug 1 ~ Wed	MOHC General Meeting	Hines Hill in CVNP	Jack Weese	JWeese2402@aol.com (440) 234-9668
Aug 11 ~ Sat	Trail Work Party	TBA	Mike Andrea (330) 592-5953 Mlandrea03@yahoo.com	Patricia Vance 330-836-9358 PAVanceLaw@aol.com
Aug 17-19	Regional Ride	TBA	Jack Weese	JWeese2402@aol.com (440) 234-9668
Sep 5 ~ Wed	MOHC General Meeting	Hines Hill in CVNP	Jack Weese	JWeese2402@aol.com (440) 234-9668
Sep 22 ~ Sat	Trail Work Party	TBA	Mike Andrea (330) 592-5953 Mlandrea03@yahoo.com	Patricia Vance 330-836-9358 PAVanceLaw@aol.com
Oct 3 ~ Wed	MOHC General Meeting	Hines Hill in CVNP	Jack Weese	JWeese2402@aol.com (440) 234-9668
Oct 21-22	Halloween Gala / Clam Bake And Trail Work Party	Robinson Field	Jack Weese	JWeese2402@aol.com (440) 234-9668
Nov 17 ~ Sat	Joint Trail Work with Trails Council	TBA	Mike Andrea (330) 592-5953 Mlandrea03@yahoo.com	Patricia Vance 330-836-9358 PAVanceLaw@aol.com

* * *

March Meeting

We're on the move again!

Different location again this month!

Wed., March 7, 2007 at 7:30pm

Peninsula Library

Riverview Rd. just South of 303 in Peninsula

You won't want to miss it!

It's something special and fun!

Medina and Summit OHC Joint Meeting

Refreshments provided by Summit OHC!

* * *

MOHC
P.O. Box 247
Richfield, OH 44286

Medina County OHC

*DEDICATED TO
PROMOTING RIDING IN
THE CUYAHOGA VALLEY
NATIONAL PARK*

We're on the Web!
medinacountyohc.com

ATTENTION!!!

**Important
Membership
Information
INSIDE!!**